

MAX MUSCLE NEBRASKA PRESENTS

MAX MUSCLE

# SUPERHEROES

*"Fitness is important to me due to the physical demands of my job"*

*Which Nutritionist do you usually work with, and what location do you most often visit?*

I initially worked with John Morin in creating my nutritional blueprint. The past few months I've been working with Shane Lowry at the West Omaha store. The nutritional blueprint worked so well for me that my fiancé did it as well and also got great results.

*Why is fitness important to you?* Fitness is important to me due to the physical demands of my job, but I also want to lead a healthy and active lifestyle.

*How were you referred to Max Muscle?* I went to high school with Chad Case and knew he was the kind of person I could trust with my nutrition needs. I've been to other health and fitness stores and felt they were more interested in selling you whatever they could and didn't really listen to what my fitness goals were. I've never felt pressured at any Max Muscle location I've been to and feel they put my best interest and fitness goals first. Everybody I've worked with has been very knowledgeable and is always willing to help.

*How long have you been a customer of Max Muscle?* I've been going to Max Muscle off and on for a few years. After getting set up with my nutritional blueprint in November of 2009 I get all my nutritional supplements there and will continue to do so.

*What do you like most about Max Muscle?* The knowledge of the staff and the fact that they listen to what I'm looking to accomplish and put my goals ahead of their bottom line.

*What is your current supplement regimen?* I'm currently supplementing three meals a day with MaxPro protein. I combine MaxPro with Afterglow for a post workout recovery drink and I've been using SSIN Juice for a pre workout supplement. The focus and endurance I get is far better than any other pre workout drink I've tried.

*What is your favorite Max Muscle product, and why?* I like all the products I'm using but I think the MaxPro is my favorite. I've tried a lot of other proteins but none compare with the taste of MaxPro. I also like how easily it mixes and the fact that it's not gritty like most of the other.



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